

BASIC CAMPING LIST

Clothing

Packed ?

	✓	✓	✓	✓
Sleeping bag				
Pillow				
Themorest or stretcher, if required				
Torch with spare batteries				
3 change of clothes				
* shorts or pants				
* socks				
* shirt/top (no halter or midriff)				
* underwear				
One pair of long pants				
Short pants (during warm weather)				
Pajamas				
Warm hat (yes, even in summer, it can get cool at night)				
Warm gloves				
Rain jacket				
Towel and washcloth				
2 pairs of closed-toe shoes				
Personal toilette articles				
* toothbrush and paste				
* brush and/or comb				
* soap				
Swimsuit, if needed				
Old runners (water shoes), if needed				
Dilly Bag with unbreakable plate, cup, bowl and silverware				
Water bottle				
Sunscreen 15 SPF or better				
Non-aerosol insect repellent				
Cards or games, camera, book				